

**Resuming Recreational Diving – Covid-19 01/04/21 Back Lake Only**

* **Please bring anti-bac wipes and sanitiser for disinfecting of all locks and hands**
* Whilst driving in the park please always use hazard lights
* LLWSC will provide sanitising stations for you to use on arrival
* One way orange barrier system will be in place to segregate public and water sports users, and to eliminate overcrowding
* Bookings will be arranged by phoning the centre
* Divers must collect and sign for keys, Emergency Action Plan (EAP) and pay the fees due before entering the water
* LLWSC will fill in all diver’s declaration paperwork
* All divers will sign that they are fit and well to dive and all diving equipment is in good fully working order
* All divers to sign that they will comply to terms and conditions stated in LLWSC COVID-19 recreational diving procedures
* Recreational diving is during working hours of the water sports centre
* Recreational diving is only permitted if **spaces** are available or outside pro dive schools diving hours
* Maintain social distancing of at least 2meters and avoid direct contact with other people
* Avoid pinch points i.e., diver gateways and wooden foot bridge
* Please observe the covid-19 signage at these points
* Toilets are closed at this moment in time
* Avoid touching your eyes, nose, and mouth
* Make sure you and the people around you follow good respiratory hygiene, cough or sneeze into your elbow or use a tissue, dispose in the correct way
* Wear a face covering in a public setting where other distancing measures are difficult to maintain
* All divers to comply to PADI (Professional Association of Diving Instructors) or other NGB training agencies standards regarding COVID-19 recommendations and procedures
* All divers must comply to NGB safe diving practices on all underwater activities
* East entrance to the water’s edge maximum or 6 persons at any point (social distancing rules apply)
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* All divers are to dive in buddy pairs and maintain good buddy contact throughout the dive
* Social distancing-pre dive safety check (as per organizing training guidelines)
* Underwater, social distancing is not needed
* No shore cover is needed
* The use of alternate air source (as per organizing guideline)
* At a safe distance simulate alternate air source use
* Use of a redundant air source is advisable
* No buddy breathing is allowed
* Familiarise yourself with your buddy’s equipment at least 2meters
* Diving with a member of your household or bubble allows more interaction with the buddy system
* If problems occur and you need to be in close contact, make sure you breathe through your regulator, to prevent breathing exhaled breath
* Avoid touching your buddy’s diving equipment before, during and after the dive
* Do not spit into your mask use a defog or an alternative
* When breathing through a snorkel at the surface be aware of the direction you are pointing it
* Divers must accept that responding to real-life emergency may elevate disease transmission risk
* Divers to make sure the gated area to the diver’s area is always secured, locked, and disinfected before and after use
* Divers will return the keys and emergency action plan after diving. Keys and EAP to be sanitized with anti-bac wipes and not used for 24hours
* Sign out and ensure all divers are accounted for before leaving the water sports centre

**Resources and References- Covid-19**

PADI- Professional Association of Diving Instructors (PADI EMEA)

BDSG- British Diving Safety Group

DAN- Divers Alert Network

NGB- National Governing Body

APSTO- Association of Professional Scuba Training Organisations



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